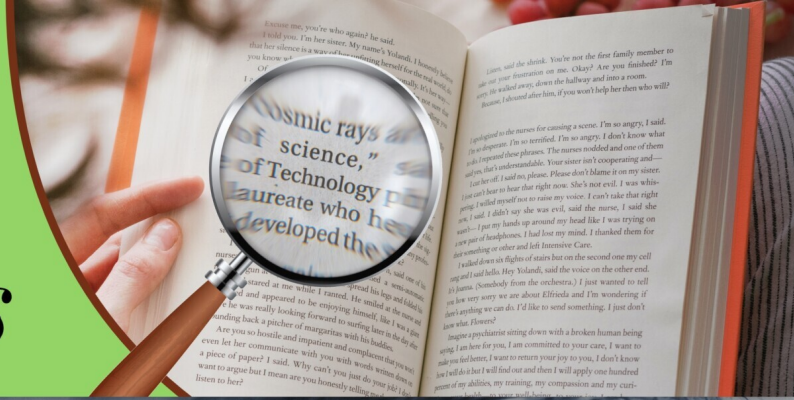


BaronE Health Reviews



***Newspeak,
our reality
in danger***

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Holistic Natural Health Experts

About us

Why Barone Health Reviews ?

Because today, although there is an incredible amount of information on the internet about health, finding authentic, professional, unbiased knowledge that is accessible to everyone's understanding is difficult.

In this era of technology and globalization, where there is an overwhelming amount of information, this may seem shocking but it is the sad truth. A responsible, self-reliant person can spend months searching for answers and solutions for their health and never find them.

On the internet, it is possible to find all types of information on health: courses, products, methods, practices, advice, opinions, explanations, scientific studies, devices, techniques, medicines, life experiences, anatomy, biology, medical research, etc...

Drowning in this ocean of health content, how can an average person tell the difference between lies and truths, misinformation and information, propaganda and knowledge, technical data and knowledge applicable to daily life?

How is this different from ebooks, webinars, articles, etc.?

Like all content created by Holistic Natural Health Experts, the health review contains our independent expert opinions, tips and recommendations for anyone looking to improve their health.

However, the review offers you a different perspective. Unlike our articles, ebooks and webinars, where we develop our knowledge of a specific health topic with you, in the health analysis, we start from an external source that we dissect and analyze.

What will I learn?

By dissecting and analyzing these external sources, we show you how we avoid the countless traps present in the majority of content available on the internet (especially free content). A bit like a magician revealing his tricks!

By bringing to light what is hidden behind a so-called "revolutionary" method, a "miracle product" or a so-called "holistic" medicine, you realize what is really possible and what is charlatanism or simply pure fraud.

This way, you make better decisions for your health, based on knowledge and true understanding.

Who are the Barones ?

We are a family of three holistic health experts. Barone Santé is the name of our natural medicine practice in Switzerland, opened since 1993. Barone is simply our last name: Marina, Pascal and Philippe-Abraham Barone.

We have over 30 years of training and experience and have helped over 5,000 clients improve their health through natural medicines.

In 2021, our health education and online consultation platform is born: Holistic Natural Health Experts.

Since then, we never stop working for the health of our patients and developing this platform for all people who want to learn about health and gain independence.

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Original article

<https://lexpress.mu/article/376684/novlangue-medias>

The media have the power to create or put words or expressions on the agenda. For example, for the past two months, we have been hearing and reading "social distancing", "barrier gestures", and "deconfinement" every day, whereas these terms were hardly or not at all used. We take these examples from the news, but it would take a dictionary to list all the words and expressions that have come into use over the last few decades, in many countries, and therefore in many languages. It is impressive.

If there is one fundamental element of our language that we need to talk about, it is the massive use of newspeak by the mainstream media "government enforcers" and governments.

Newspeak was coined by George Orwell (1903-1950) in his dystopian novel "1984", published in 1949. The term newspeak therefore dates from the post-war period.

The objective of newspeak is twofold, first to distort and betray the reality of the facts through language and the emotions it provokes, then to annihilate any idea of revolt or critical thought.

Thanks to newspeak, the ethically or deontologically unacceptable becomes acceptable or goes unnoticed. Its penetration in the spoken and written language is indeed impressive as it is so important.

And when words are used rather quickly after their (re)appearance, it shows a certain power of the institutions that produce them, in this case, the media. And it often causes a certain strangeness, even sometimes a slight annoyance, to hear these media words pronounced in a robotic way. We can smile about it, but this power is so strong that we no longer realize its reality. One can say that the press and the media, taking themselves to the game, elaborate, in a certain way, a newspeak.

A slight annoyance? They take themselves to the game? Of course not.

The use of newspeak is extremely damaging to our health, the definition of which is: health is a state of complete physical, mental and social well-being and not merely the absence of disease or symptoms.

The use of newspeak along with other toxic tools such as censorship, lies and ostracism can only damage our physical, mental and social health.

Newspeak is the most powerful tool for distorting reality. The media are the purveyors of this newspeak, their goal is to destroy human rights and democracies. They do not get caught up in the game, they know perfectly well what they are doing.

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This is how the genius George Orwell understood that in order to achieve effective totalitarianism, the powers that be had to create a new language (Orwell used the word "newspeak", later translated into French as "novlangue") and delete words from the old one.

Indeed, newspeak is the indispensable tool to set up a totalitarian state or a dystopia. In a normal world, newspeak is useless. It is inevitably toxic.

And today, who wants a totalitarian state or a dystopia? The answer is very simple: countries, institutions and multinationals adhering to the idea of a world government.

This idea, fiercely defended within the "world economic forum" (WEF) and taken up by many governments, sells us, thanks to the newspeak, an idyllic future.

Unfortunately, we can see that this is not the reality. Moreover, no democratic process has given the WEF the slightest political authority, so it has, in fact, no legitimacy.

The establishment of a totalitarian state requires total submission to authority, and this is where the newspeak comes in. Submission to authority requires a "great facelift" of reality and the annihilation of any feeling of rebellion or free and independent thought.

In order to cover up reality, the facts experienced by the citizens must be renamed thanks to the newspeak. For example: the term genocide designates the methodical killing of a human group, too violent! However, this is what a part of the injected people undergo today, a genocide. The term sudden death is more appropriate, it refers to a rapid and unexpected death, of natural origin.

Thus, while the term genocide is associated with violence, injustice, crime and therefore culprits, the term sudden death is associated with the inexplicable, the event beyond our reach, the natural mystery of life, unreliable in fact.

The first term incites to rebellion, the second to resignation.

A homeless person is not someone who has been put on the street by economic and social violence, but someone who has voluntarily placed himself on the bangs of society.

Recession implies a notion of lack and suffering, while in the use of the term negative growth, there is the term growth that erases negative.

Today Europe (which is ruining its populations and destroying its industries) imposes, in the name of climate change, draconian energy restrictions on its citizens, but imports from the US shale gas, the most devastating for the environment. So, thanks to the newspeak, all we have to do is rename it: "unconventional hydrocarbon" and that's it.

And pesticides? Ah, pesticides, renamed phytosanitary products... as if by magic, poisons become products that cure plants.

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And even more recently, a vaccine that is not a vaccine but whose effectiveness is negative (i.e. once vaccinated you have a greater chance of catching the virus than if you were not vaccinated)... becomes a vaccine that avoids serious forms (whereas serious forms are present mainly in people who have been injected). Here the newspeak is used as a simple misleading statement.

What about war? War is an inexhaustible resource for the newspeak. A bombing called surgical strike is much more selling than bombing. Surgical strike makes one think of precision, a well-controlled gesture, without pain, because surgery is practiced under anesthesia and especially with the aim of healing. The term bombing makes one think of something heavy, massive, destructive, with innocent victims. We can call the bombing as well targeted, it remains that "target" is a term that refers to the action of killing voluntarily.

The term "blitzkrieg" almost erases the word war. Blitz gives a feeling of lightning, of efficiency, of punishment from the sky (justified), of light in the night. In short, the victims, the massive destruction, the suffering... gone!

We could extend the list endlessly and we will come back to it with the examples in the field of health. The newspeak knows no limits and all areas of our lives are affected by the newspeak.

Changing the words that designate the real implies irremediably the destruction of the real and the generation of inappropriate emotions. Newspeak is the main tool of manipulation used by communicators, who themselves serve governments and multinationals.

The speeches containing "elements of language" are prepared with a strategic vision: what emotions do we want to generate? What opposition do we want to suppress? What realities do we want to disguise? What lies are to be swallowed?

This assumes that words create thought, or at least that thought is found in words, and nowhere else.

Do words create thought? Well, yes and no. Thought is inherent to the existence of the mind but also intimately connected to our emotions. Thought can therefore exist in a non-verbal or simply pictorial form.

If thought were only in words, then only humans would have the ability to think. However, we know perfectly well that animals think and they do not think with the words of our language, although they have the capacity to understand us. On our side, we have all the difficulties in the world to understand their language...

But let's go back to humans whose words shape their thoughts, making them highly influenceable by their meaning. Each word generates an emotion, an image.

If we use the following sentence to describe the intervention of the police forces during a peaceful demonstration:

"The demonstrators were pushed back by the police forces", we realize that this has nothing to do with: "the police shot at the peaceful demonstrators, it was a butchery"

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In the first case, there are no serious injuries, let alone deaths, and the action seems proportionate if not justified. In the second case, a feeling of revolt and legitimate injustice generates anger and tarnishes the image of the police. The sentence describes the reality, but this reality is not acceptable if one wants the submission of the people to a totalitarian state.

Humans have developed spoken and written language as a major tool for communicating their emotions, experiences, ideas, concerns, wishes, fears and testimonies of reality. Language allows us to communicate events and especially to name them with the right words.

It is by speaking that we think, and not the opposite. The language does not express our thought, it elaborates it, builds it, refines it.

The reality is that first we think, then we speak. Sometimes our thinking is so fast that our words can't keep up. The difficulty lies in finding the right words to express our thoughts. Language expresses our thoughts well, but it can dress them up or disguise them. Through language we can lie or be truthful.

Whether discursive, poetic, rational or affective, it is language, and body language, that shapes our way of seeing, our way of saying. Without language, there is no thought. To think is to say. And to say is to do. It is to shape, to bring to light, to make audible, to give to see, to materialize the thought in the process of being made, to realize the saying in thought.

Body language is, as the name implies, a language. It supports or contradicts spoken language.

For the quotes: "To think is to say." "And to say is to do," we will say that they are purely theoretical. You can think and not say, say and not do.

The famous proverb: "Do as I say and not as I do" shows how much man can use words as a weapon to lead his fellow men to their ruin. We can say things that are absurd, unworkable, harmful to our health and simply untrue in order to make others act against their interests. Advertising is built this way and incites to consume useless, even harmful things like junk food, tobacco, alcohol. Advertising inflames the excessive desires born from frustrations cleverly organized by depriving humans of the essential (nature), but for this, advertising uses a complete staging: acting, words (newspeak), images and sounds.

Words affect our thinking and therefore our mental imagery. Changing the meaning of words or using them wrongly plunges us into a distorted or disguised reality (by those who spread the newspeak), which has nothing to do with reality. And this is the purpose of newspeak.

Talking about social distancing and repeating it indefinitely allows us to anchor in our minds this idea of distance, loneliness, isolation. There is strength in unity, but if everything in your daily life pushes you to look for social distance, you are getting further away from this unity every day. For young people this is worse, it is a hindrance to their development and the beginning of depression. Social distancing is not a health issue, the message is purely political.

It is therefore not surprising that the newspeak has infiltrated all areas of human activity.

Of course, this has not spared health, and today, the language used by the media to talk about medical reality is simply newspeak.

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Here are some examples:

Don't talk about the destruction of the medical system but order the citizens not to overload the emergency room.

In most European countries, public hospital emergency rooms are insufficient in number and equipment. This is organized quite voluntarily, however, thanks to the newspeak, you become guilty of going to the emergency room. You are overloading, you are crowding, so if you could have the decency to die at home, it would be perfect.

Do not talk about the destruction of the medical system but say that the shortage of drugs is a loss of chances for the patients

Let's start at the beginning: this sentence, repeated over and over again by the media, immediately obscures the government's responsibility for the drug shortage.

The shortage appears as a natural disaster, an unpredictable event, whereas the reality is the opposite. Even more vicious, the loss of chance implies that it is a chance to access care, whereas the health system is financed by workers at great sacrifice.

Access to care is therefore a fundamental obligation of the rule of law, not a chance.

Thus, thanks to the newspeak, the citizen remains passive and ignorant. He continues to pay for his illness and for a disaggregated health care service, while thinking that the shortage of medicines is a loss of chance, as if he had just lost the lottery.

Do not say surrogate mother but gestational carrier

How beautiful this term is! The woman disappears, the mother disappears, the father disappears and even the child disappears since it has become a commodity. There is no longer even the notion of pregnancy, which is indeed too closely linked to the image of the woman.

The term "gestation" describes a biological process, a kind of living envelope where the fetus is so generously "offered/sold" to the desire of the demanders. The term "gestational carrier" has no emotional, mental, or ethical implication, only the right to satisfy one's desire.

It prepares socially the acceptance of the artificial wombs of which the transhumanists dream.

Do not say kill but pharmacological aid to suicide or medical aid in dying

Canada leads the world in having normalized euthanasia on request at any age, for any reason. With the term "assisted" and "pharmacological" or "medical", the violence of suicide instantly disappears.

In fact, one does not even ask the question why, the brain registers the words "help" and "medical", and the euthanasia (or rather the killing) of any person becomes an official, banal, socially accepted act.

Everything is fine, move along, there is nothing to see! Thus the euthanasia of young people has become "normal".

"Almost 1 in 5 Canadians who died by euthanasia in 2021 indicated that they suffered from loneliness and isolation, and that this was one of the reasons they wanted to die. More than one-third saw themselves as a 'burden to family, friends or caregivers:'"

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<https://www.ieb-eib.org/fr/actualite/fin-de-vie/euthanasie-et-suicide-assiste/le-nombre-d-euthanasies-monte-en-fleche-au-canada-2120.html>

Can we remember the inhumane measures that were taken in 2020? Well, the killing of people who have been psychologically destroyed by government measures is now presented as a social achievement thanks to the newspeak that calls it "Pharmacological aid to suicide or Medical aid in dying".

Of course, the point here is not to compare the media to the totalitarianism of George Orwell's "1984", but to make us aware of the language production of the media that shapes our world, often without our knowledge.

This conclusion is laughable because it is precisely a matter of comparing the media to the totalitarianism of George Orwell's "1984". The media know what they are doing.

Less than twenty billionaires own the entire mainstream media in the West. They are the main financiers of the new world order and its main tool, the media. Of course, a new world order cannot be built without the subjugation of the people. And the newspeak, conveyed by the media, is the most powerful tool, but not the only one, for this.

<https://www.youtube.com/watch?v=cImpzHYT84s>

Let's add that if the newspeak is identified as such today, it has been spread in societies like a poison for decades, without being a subject of political debate.

This gigantic manipulation of which language is the main tool was not only highlighted by George Orwell. Let us quote for example some passages from the excellent book by Günther Anders: *The Outdatedness of Human Beings* (1956).

"In order to stifle any revolt in advance, it is not necessary to take violent action. Hitler-like methods are outdated. It is enough to create a collective conditioning so powerful that the very idea of revolt will not even occur to men."

"The ideal would be to format individuals from birth... then the conditioning would be continued by drastically reducing education, to a form of job placement. An uneducated individual has only a limited horizon of thought, and the more his thought is confined to mediocre concerns, the less he can revolt."

"Especially not philosophy... it is necessary to use persuasion and not direct violence: one will diffuse massively, via television, entertainments always flattering the emotional or the instinctive. We will occupy the minds with what is futile and playful.

<https://www.babelio.com/livres/Anders-Lobsolescence-de-lhomme/116523>

Others, like M. Franck Lepage, have realized the power of words when they serve political correctness.

<https://www.youtube.com/watch?v=oNJo-E4MEk8>

Being aware of this gigantic manipulation allows us to give back to words their real value, and to use them without limits and without taboos.

As for health, it allows us to recover fundamental freedom to make free and informed choices for optimal health.

Join Our Experts

Learn optimal eating and holistic lifestyles to live your full potential!

Holistic Natural Health Experts are your guide to experiencing peak health. Learn with our experts how to create your most thriving and regenerative life.

Your health is the most important asset you have. Learn how to live in optimal health, and overcome challenges with personalized holistic solutions.

Whether you prefer to learn through one-on-one coaching, webinars, ebooks, or articles, our virtual clinic is available anytime, anywhere, offering you a comprehensive platform to support your growth.



You may benefit from our support in a range of situations including:

- Identifying optional medical procedures and evaluating the pros and cons of each
- Understanding medical test results and reports
- Find natural products to replace pharmaceuticals and chemical treatments when possible
- Ideas for staying healthy and protected while traveling and on vacation
- Strategies for improving your health at work
- Deepened understanding of how your life choices impact your health
- Clarifying health goals that are meaningful and achievable
- Developing a vision of your optimal health and thriving for longevity
- Any other personal requests or concerns on any health related issue



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