



My Vegan Dog

Holistic Natural Health Experts

Table Of Contents

Introduction	2
Why should my dog be vegan?	7
Inter-species relationship	9
The life of a dog	10
Observations and explanations	13
When advertising and marketing replaces science	15
What about a dog's real needs	18
An optimal vegan diet for dogs	20
Meals	23
Nutritional supplementation	33
Cans and Kibbles	37
From meat to vegetables	39
Variety and dietary diversity	40
Your dog and hygiene	42
A dog's teeth	43
In conclusion	44
References - Appendices	45

My Vegan Dog

Introduction

As a family that loves all animals, we have shared our lives with many dogs, cats and horses. We have long been involved in animal welfare and have been fortunate or rather unlucky to discover early on the harsh life that humans put animals through.



Veterinary practices, animal farms, pet shops, shelters, stables, peasantries, we have experienced, in various ways, the other side of the coin of the animal condition which, far from the dumbfounding advertisements and grotesque promotional documentaries, is more often hell than paradise. Yet the reality could be different, if only humans made other choices and developed other behaviors!

As a family of therapists, we have always had an inquisitive mind and a willingness to learn, which has allowed us to frequently live outside of our comfort zone and see for ourselves the disaster created by humanity on earth.

Our fundamental philosophy is that if any situation causes unnecessary suffering, we must avoid it, change it, and above all, not create it.

We have therefore developed an extraordinary ability to solve all kinds of problems for the good of all, but we soon realized that functioning in this way is not really appreciated in our societies.

This explains why, from the beginning and in all areas, important positive solutions for the community and the planet, developed by intelligent and well-meaning people, are boycotted or destroyed. These people never find a way to make their ideas and creations known to as many people as possible. It is a global problem.

Economic models, applied on a large scale, are built on purely mercantile mechanisms, without any ethics or values.

Unsurprisingly, this leads us as a species into a free fall into an abyss of which no one knows the bottom. We don't know what we are going to crash into, but we are going to hit rock bottom, there is no doubt about it.

The planet is becoming, day after day, less and less habitable.

Politicians, accomplices and submissive to the multinationals, will not abandon ship as long as there is any profit to be made.

No one with truly innovative and ethical ideas can be elected at a high level, the selection is ruthless. Leaders change but governments are always the same, like a Christmas tree, only the decoration varies.

Probably the point of no return was reached when countries lost ownership of their currency, a tool of exchange and indispensable pivot of any commercial act, to private banks.

My Vegan Dog

Whoever holds the currency holds the power. He decides what is done, the value of things, education, health, the social, economic and ethical advances of a society and more importantly, he decides what is acceptable to destroy and pollute.

This is how "nature" comes to be seen as a supermarket that can be plundered liberally. Only the balance of power is exercised. In spite of all common sense, we continue on the path of self-destruction.

In this global situation, what can the individual do? Not much and a lot at the same time. Knowing that we are falling, we can passively wait for the shock, complain and cry.

Or, on the contrary, we can decide to act with full knowledge of the facts, to finally take responsibility for our actions, to support each other among people of good will, to find solutions to do as little harm as possible and thus be able to look in the mirror, proud of our actions, since we have thought about them and chosen them, whereas the easy way out would encourage us to do like the masses, to let ourselves be carried along by the destructive current.

One swallow doesn't make a summer, of course, but it can summon others.

The more people change, the easier it becomes for an individual to change. Therefore, we should never underestimate individual change.

We owe so much to our ancestors, who fought so that we could be alive today and have a minimum of rights. Everyone's choices and decisions have an unsuspected scope and power that agribusiness multinationals fear. It is therefore not surprising that massive misinformation is circulating about the possibilities of living and eating differently, as much for us as for our pets.

In our profession, we see every day, in horror, the lies and nonsense relayed by the various news media. There are no more limits. Scientists sell out for a pittance to whoever throws the biggest chunk at them. Anyone can nowadays publish fake studies for a few thousand dollars.

Today, the struggle has become far too unequal between those who work for the common good and those who will do anything for power and money.

This makes it very difficult for the layman to find information from reliable sources without conflicts of interest.

In these tormented times, it is imperative that the human race has a massive awareness of the significance of its actions and decisions.

The impact we have on ecosystems is huge and unsound. By destroying biodiversity, by polluting the soil, water and air, we are destroying the entire condition of life, billions of animals that we kill for nothing, in unspeakable suffering.

To believe that we can live by following this path indefinitely is an illusion.

This illusion is maintained by the exponential urbanization and artificialization of our lives.

We are led to believe that we will be able to eat synthetic products that come out of nowhere, that we will be able to drink water full of micropollutants without harming our health, that we will be able to breathe toxic air thanks to filtering masks, that modern medicine will be able to treat all our health problems and all our degenerative diseases known as civilization diseases, that robots will take care of the elderly and children, and that urban furniture will make us happy and replace nature.

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Learn optimal eating and holistic lifestyles to live your full potential!

Holistic Natural Health Experts are your guide to experiencing peak health. Learn with our experts how to create your most thriving and regenerative life.

Your health is the most important asset you have. Learn how to live in optimal health, and overcome challenges with personalized holistic solutions.

Whether you prefer to learn through one-on-one coaching, webinars, ebooks, or articles, our virtual clinic is available anytime, anywhere, offering you a comprehensive platform to support your growth.



You may benefit from our support in a range of situations including:

- Identifying optional medical procedures and evaluating the pros and cons of each
- Understanding medical test results and reports
- Find natural products to replace pharmaceuticals and chemical treatments when possible
- Ideas for staying healthy and protected while traveling and on vacation
- Strategies for improving your health at work
- Deepened understanding of how your life choices impact your health
- Clarifying health goals that are meaningful and achievable
- Developing a vision of your optimal health and thriving for longevity
- Any other personal requests or concerns on any health related issue



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